



PURE IN HEART **In Previous lessons**

- ❖ **Matthew 5:8**
- ❖ **The heart** – the whole of the inner man. Where religious and moral conduct are rooted. Seat of our intellect, emotions, attitudes, thoughts and will.
- ❖ **Purity** – undiluted and unpolluted

PURE IN HEART **In Previous lessons**

- ❖ **Integrity** – virtue, adherence to moral or ethical principles.
- ❖ **Honesty** – fairness and straightforwardness in one's conduct

PURE IN HEART **In This Study**

- ✓ What is a pure heart? (What God's word says about purity of heart)
- ✓ Integrity and Honesty
- ✓ **Self-control and Patience**
- ✓ Humility and Contentment
- ✓ Kindness, Love and Confidence
- ✓ Dangers to the pure heart
- ✓ Purifying the Heart (Keeping it pure)

PURE IN HEART **Self-Control**

- ❖ Describes one who has mastered his desires and actions.
- ❖ **Rather than being ruled by his emotions and desires, he controls them.**
- ❖ Self-discipline, temperance, moderation, sobriety, etc.

PURE IN HEART **Self-Control**

- ❖ Needed in all that we do!
- ❖ **Every sin involves self-control.** Broken homes, relationships, neglected responsibilities, mediocrity.
- ❖ **Personal disasters** – addictions, poor health, tongue control, disorderliness, etc.

PURE IN HEART

Self-Control

- ❖ Vital to a pure heart!
- ❖ It will determine our spiritual growth, how we use our time, how we handle conflict, etc..
- ❖ No self-control – poor Bible study and prayer habits, poor attendance and tardiness, problems with brethren, attitude toward worship, etc.

PURE IN HEART

Self-Control

- ❖ **James 3:2**, start with the tongue! Master that and you can master all.
- ❖ **2 Peter 1:6** – after “knowledge” in our pattern of growth – “temperance”
- ❖ **Galatians 5:23** – a “fruit of the Spirit”

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Self-Control

- ❖ A quality of leaders in the church
- ❖ **1 Timothy 3:2** – Elders
- ❖ **1 Timothy 3:8-13** – Deacons;
- ❖ **1 Timothy 4:12-16** – preachers,
- ❖ **1 Timothy 3:11** – wives of leaders

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Self-Control

- ❖ **1 Corinthians 9:25-27** – both athletes and Paul!
- ❖ **Acts 24:25** – Paul before Felix

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Self-Control

- ❖ We MUST control our lives.
- ❖ Too many today fail to take responsibility!
- ❖ **Don't let someone else determine your eternal destiny!**
Romans 14:10-12
- ❖ Can you turn to your brethren for help?
James 5:16, Galatians 6:2

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Self-Control

- ❖ HOW does one learn self-control?
- ❖ It is a determined mindset! You have to make up your mind!
- ❖ Realize the consequences of your decisions. Both good and bad! **Luke 9:23**

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Self-Control

- ❖ HOW does one learn self-control?
- ❖ Make yourself do what you need to do! **cf. 1 Corinthians 9:25-27**
- ❖ Pray for wisdom and strength **James 1:5-7, 1 Peter 5:6-7**
- ❖ Know what your ultimate goal is – **Hebrews 12:1-2, Philippians 3:12-14**

PURE IN HEART

Patience

- ❖ “Bearing pains and trials calmly or without complaint. **Manifesting forbearance under provocation or strain**
Not hasty or impetuous
Steadfast despite opposition, difficulty or adversity.”

www.meriam-webster.com

PURE IN HEART

Patience

- ❖ (ὑπομονή, hupomone) “The capacity to continue to bear up under difficult circumstances. Not hasty or impetuous” (L&N)
- ❖ **Perseverance, forbearance, endurance, long-suffering, etc.**

PURE IN HEART

Patience

- ❖ While seeking to maintain a pure heart, you will face difficulties. You need patience.
- ❖ **2 Peter 1:5-7** – after temperance with our virtue

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Patience

- ❖ The patience of God
- ❖ **1 Peter 3:20-21**
- ❖ **2 Peter 3:9**
- ❖ **Romans 15:5**

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Patience

- ❖ Patience needed to develop faith! Strong faith doesn't happen overnight!
- ❖ **Lack of patience does great damage in our lives**
Frustration, anger, lost tempers, debt, giving up and quitting, etc.



Patience

- ❖ Patience needed for spiritual maturity – wisdom and knowledge, developing abilities, etc. takes time



Patience

- ❖ **Galatians 5:22-23**, A fruit of the Spirit
- ❖ **Luke 21:19**, “By your patience possess your souls”
- ❖ **2 Timothy 2:24**, a servant of the Lord



Patience

- ❖ **1 Thessalonians 5:14**, Be patient with all
- ❖ **Hebrews 12:1**, let us run with endurance the race
- ❖ **James 5:7-8**, Be patient ... until the coming of the Lord.



Patience

Developing patience

- ❖ Learn self-control
- ❖ Pause before you react (cf. **James 1:19**)
- ❖ Realized the good that can come from patience (**Romans 5:3-4**), **James 1:3-4**
- ❖ Get organized



Are you controlling what develops your heart with patience?